

DISABLED RESOURCES CENTER

Independent Living Center



Dear Reader

Fall is falling into place!



Fall is the most exhilarating time of year! It is the beginning of DRC's new fiscal year, back to school for some of us, and lots of football. The **L.A. Rams** are back home, so with all our local high school and college teams, and now an L.A. Football Team, we've got lots of places to go and things to do!

We also have a goal to strive for!

We came in **3rd** in the **California Independent Living Report (CILR)** for the 2014-2015 program year, that just came out this month, containing all of the statewide data totals collected from all 28 ILCs in California. DRC is one of the smallest ILCs in the state, but is definitely one of the mightiest, as we came in 3rd in the overall ILC system as to the amount of consumers served, and consumers' goals set and met. DRC was only 18 consumers below the 2nd ranked ILC, so our new goal is to surpass that—and at least get our veritable Silver Medal next year!

The Dinner is over, and as usual, it was one of the highlights of the year. Read the **Long Beach Press-Telegram** article on DRC's website and see a photo of the event on the inside of this Newsletter. A list of all DRC's benefactors and donors who generously supported this annual event, and the 100 - mile race, can be found on the "goldenrod" insert in this newsletter, along with a list of our government and private funders.

Gino Elliot, our newest employee, previously a DRC volunteer for several years and DRC Volunteer of the Year in 2015, has his support groups, the Co-Ed Support Group,



Transitional Youth Group, and Peer Counseling/Stepping Stones to Employment (PC/SSE) groups fired up! For example, his blind students have been making origami cranes, and going swimming.

Richard Hernandez and I, along with our spouses, attended the **Pools of Hope** fundraising event, where I accepted the 2016 Evelyn Du Pont Community Service Award on behalf of the Center. Besides the award, I was also presented with a Los Angeles County Certificate of Commemoration from our favorite supporter, **Supervisor Don Knabe**.

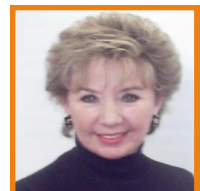
September will begin with the exciting delivery from **C.A.R.E. Evaluators CEO David Lee** and his son, **Austin**, of 10 computers refurbished by **Austin**. This generous donation enables DRC to start our new program of not only teaching computer skills, but also giving consumers their own computer to take home when they have completed their classes.

Wendy Lewis, the recent winner of DRC's Outstanding Military Veteran Scholarship, has joined the Board of Directors. She is an amazing young woman, not only a veteran, student, wife and mother, but also active in **CSULB** student government. She will bring her enthusiasm and energy to DRC's Board.

I know I started off talking about Fall and football season. I'd like to end with another sport. Besides being a "Good Sport," **Al Buck**, DRC's beloved friend and supporter, just offered free **Angels Tickets** to all of our staff. (See picture inside.) In closing, **Al's** tagline gives us all something to think about: "**Play hard with what you got, while you got it, because someday you won't have it.**"



I ❤️
Football



Dolores Nason, Executive Director

"#INCLUSION WORKS."

National Disability Employment Awareness Month is right around the corner. The month of October celebrates the contributions of workers with disabilities and educates about the value of a diverse workforce inclusive of their skills and talents. The theme for 2016 is “#Inclusion Works.” Watch for announcements of observances across the nation with this year’s hashtag theme — “#INCLUSION WORKS.”

DISABLED RESOURCES CENTER, INC. 40th ANNUAL AWARDS DINNER



Supervisor Don Knabe, 4th District, Los Angeles County Board of Supervisors, received a Special Lifetime Service Award at DRC’s 40th Annual Awards Dinner, “**The Road to Ruby**,” on June 16, 2016. Pictured, from left to right: **Dave Sanfilippo**, Director, Disabled Student Services, CSULB, master of ceremonies; **Supervisor Knabe**; **Dolores Nason**, Executive Director, DRC; and **Tim Lashlee**, President, Board of Directors, DRC

Job Developers meet with Elected Officials



Pictured, left to right: Front row: **Roberto Uranga**, Long Beach City Council, 7th District; **Alice Bruns**, DRC Job Developer; **Ali Sajjad Taj**, Mayor Pro Tem, City of Artesia. Back row: **Tonia Uranga**; Chief of staff **Celina Luna**; **Kate Adamson**, DRC Job Developer.



Letter from Supervisor Don Knabe



COUNTY OF LOS ANGELES
BOARD OF SUPERVISORS
822 KENNETH HAHN HALL OF ADMINISTRATION
LOS ANGELES, CALIFORNIA 90012

DON KNABE
SUPERVISOR, FOURTH DISTRICT

June 21, 2016

Ms. Dolores Nason
Executive Director
Disabled Resources Center
2750 East Spring Street, Suite 100
Long Beach, California 90806

Dear Dolores:

Congratulations on the 40th Anniversary *Road to Ruby Awards Dinner!* I was truly touched to receive the Special Lifetime Service Award and equally touched by the very personal write-up in the program. I am sure you had something to do with it.

Every year, the awardees inspire me. This year was no different. I particularly appreciated Ms. Kim's words. Like her, you continue to challenge the status quo – what is normal. Thank you for inspiring others to realize their potential and thank you for teaching them and giving them the tools to challenge the status quo. As Cynde said, "To be a small part of the things that change lives, no matter how grinding it is, you will make a difference."

It has been a pleasure to support the incredible work of Disabled Resources Center (DRC) during my time as Los Angeles County Supervisor. Thank you for allowing me to be a small part of DRC's efforts to make a difference.

I wish you, your staff, your Board and all your volunteers the best in the years to come. Keep up your good work!

Sincerely,

DON KNABE
Supervisor, Fourth District
County of Los Angeles

Co-Ed Peer Support Group and Transitional Young Adult Group.



Independent Living Skills /Peer Support Co-ordinator **Gino Elliot** and co-ed representative **Jose Juarez** and youth group representative **Luz Raymundo**.

The crane has long been an important symbol in Asian cultures, representing good health, longevity, truth and fidelity. An ancient Japanese legend vows that anyone who folds 1,000 cranes will be granted a wish. At **Long Beach Memorial Medical Center**, the wish of the "Memorial Cares" program is for everyone who visits to enjoy a joyful, long life, or a successful recovery from illness or injury.

Helping to re-build the Cranes of Hope installation in the **Todd Cancer Pavilion**, the Disabled Resources Centers support groups participated in this "Memorial Cares" event to be a part of this community project. The group was able to cut, fold, and deliver these cranes to the hospital, as shown in the picture above.

Long Beach Memorial Medical Center wanted to consolidate its cancer services in a patient-centered healing environment in order to better serve its patients and the community. This art project is designed to give hope and encouragement to patients, friends, family members and all who step inside.



Al Buck, pictured at an Angels Game with Dolores's family, the Gutenkaufs.

Calendar of Events

*Group Orientation for new consumers every **THURSDAY at 9:00am**

SEPTEMBER 2016

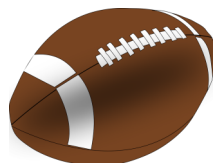
- 1st- Co-Ed Peer Support Group@1pm-3pm
- 1st- Delivery of 10 Refurbished Computers Donated by C.A.R.E. Evaluators
- 2nd- Housing Workshop@ 9am
- 2nd- Site visit by Assembly Member Mike Gipson, 5th District, @10am
- 5th- Labor Day Holiday (**CENTER CLOSED**)
- 8th- Co-Ed Peer Support Group@1pm-3pm
- 8th- CACoD Meeting@ Long Beach Main Public Library
- 9th- Housing Workshop@ 9am
- 9th- Access Meeting@ Metro
- 10th- Lutheran Social Services Phone-a-Thon@ DRC 10am-2pm
- 11th- APTA Annual Meeting, welcoming new Chair, Doran Barnes
- 14th- South Bay Disability & Senior Collaborative Meeting@ Molina Healthcare
- 14th- DRC Advocacy Group Meeting@ NRC 2:30pm-4pm
- 15th- Co-Ed Peer Support Group@1pm-3pm
- 16th- Housing Workshop@ 9am
- 21st- Job Club@ 8:30am-11:30am
- 22nd- Co-Ed Peer Support Group@1pm-3pm



- 22nd- DRC's Board of Directors Meeting@5:30pm
- 23rd- Housing Workshop@ 9am
- 23rd- Job Club@ 8:30am-11:30 am
- 27th- Peer Counseling/Stepping Stones to Employment
- 27th- Transitional Youth and Young Adult Group@3:30pm
- 29th- DOR Site Visit, Irene Walela and Victor Duron, DOR Sacramento
- 29th- Co-Ed Peer Support Group@1pm-3pm
- 30th- Housing Workshop@ 9am

OCTOBER 2016

- 4th- Peer Counseling/Stepping Stones to Employment@1:30pm-3pm
- 6th- Co-Ed Peer Support Group@1pm-3pm
- 7th- Housing Workshop@ 9am
- 11th- Peer Counseling/Stepping Stones to Employment@1:30pm-3pm
- 12th- DRC Advocacy Group Meeting@ NRC 2:30pm-4pm
- 13th- Co-Ed Peer Support Group@1pm-3pm
- 13th- CACoD Meeting@ Long Beach Main Public Library
- 14th- Housing Workshop@ 9am
- 18th- Peer Counseling/Stepping Stones to Employment@1:30pm-3pm
- 19th- Supervisor Knabe's last State of the County Address, LB
- 19th- Job Club@ 8:30am-11:30am
- 20th- Co-Ed Peer Support Group@1pm-3pm
- 20th- Empowerment Seminar@ Wardlow Park@1:30pm
- 21st- Housing Workshop@ 9am
- 21st- Job Club@ 8:30am-11:30am
- 24th- Access Meeting@ Metro
- 25th- Peer Counseling/Stepping Stones to Employment@1:30pm-3pm



 **DRC: Disabled Resources Center**
The Key to Independence

Disabled Resources Center
2750 E. Spring St Suite #100
Long Beach, CA 90806
Phone: 562-427-1000
Fax: 562-427-2027
E-mail: info@drcinc.org



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Return Service Requested

- 27th- DRC's Board of Directors Meeting@5:30pm
- 27th- Co-Ed Peer Support Group@1pm-3pm
- 28th- Housing Workshop@ 9am
- 31st- Transitional Youth and Young Adult Group@3:30pm-5pm
- 31st- Peer Counseling/Stepping Stones to Employment

NOVEMBER 2016

- 1st- Peer Counseling/Stepping Stones to Employment@1:30pm-3pm
- 3rd- Co-Ed Peer Support Group@1pm-3pm
- 4th- Housing Workshop@ 9am
- 6th- Supervisor Knabe's Retirement Celebration, LB Arena, @10am
- 8th- Peer Counseling/Stepping Stones to Employment@1:30pm-3pm
- 8th- Co-Ed Peer Support Group@1pm-3pm
- 9th- DRC Advocacy Group Meeting@ NRC 2:30pm-4pm
- 10th- Co-Ed Peer Support Group@1pm-3pm
- 11th- Veterans' Day Holiday (**CENTER CLOSED**)
- 15th- Peer Counseling/Stepping Stones to Employment
- 16th- Job Club@ 8:30am-11:30am
- 17th- Co-Ed Peer Support Group@ 1pm-3pm
- 18th- Housing Workshop@ 9am
- 18th- Job Club@8:30am-11:30am
- 19th- LB Transit Paratransit Meeting@ Long Beach Transit, 1:30pm
- 22nd- Peer Counseling/Stepping Stones to Employment@1:30pm-3pm
- 24th & 25th- Thanksgiving Holiday (**CENTER CLOSED**)
- 28th- Access Annual Meeting@ California Endowment Center
- 29th- Peer Counseling/Stepping Stones to Employment@1:30pm-3pm
- 29th- Transitional Youth and Young Adult Group@3:30pm-5pm



Halloween



HAPPY THANKSGIVING